

Who we care for

Our Children's Continence Service is for children and young people under 18 (19 for young people attending complex needs schools) who require support in managing wetting and/or soiling problems.

Who we are

Our team of nurses work closely with children and young people and their parents and carers, as well as other health and care professionals, to offer appropriate support to children and families across Norfolk (except Great Yarmouth).



The care we offer

We aim to help children and young people achieve continence, whenever possible, to support them to achieve a good quality of life and to avoid any unnecessary admissions to hospital. Resolving continence difficulties in children/young people can take many months; early diagnosis and appropriate management can support this process.

For those children/young people where full continence is unlikely to be achieved, we aim to support them in managing their condition to enable them to access the opportunities available to them.

Our skilled nurses will assess your child and agree a plan of care to best meet their needs. This may include:

- Advice and information
- Toileting support
- Daytime wetting support
- Supply of containment products (criteria apply)
- Support with constipation and/or soiling
- Night-time wetting support (Nocturnal Enuresis)

Referrals

If your local healthcare professional is unable to support you with your child's bladder or bowel problem, they can refer your child into the Children's Continence Service. You will need to be registered with a Norfolk GP.

Hours of service

Monday to Friday 9am - 5pm

Contact details

Children's Continence Service,
Exton's Road, King's Lynn,
Norfolk PE30 5NU

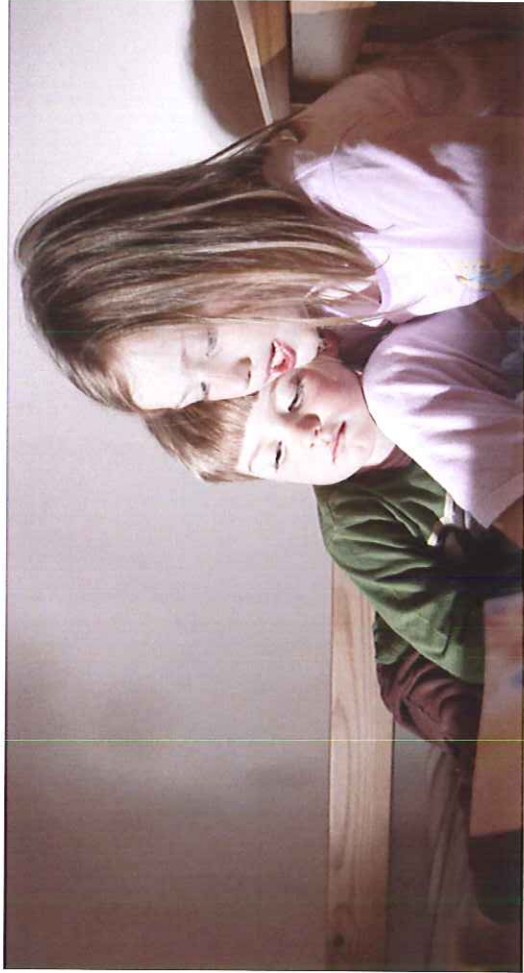
Tel: 01553 668 748





Children's Continence Service

Information for families



Useful links

Promocon

Helpline: 0161 607 8219

Web: www.disabledliving.co.uk/promocon

ERIC

Helpline: 0845 370 8008

(Mondays and Wednesdays
between 9.30am - 4.30pm)

Web: www.eric.org.uk

Fledglings

Web: www.fledglings.org.uk

Patient Advice and Liaison (PALS)

For general information and advice about using any of the Trust's services, you can contact the **NCH&C Patient Advice and Liaison Service (PALS)**.

Tel: 0800 088 4449

Email: pals@nchc.nhs.uk

If you would like this publication in large print, Braille, alternative Format or in a different language, please contact us on 01603 697492 and we will do our best to help.



communication for all

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