



Criteria for Assessment for Short Breaks as of January 1st 2016

Short Break Services will provide inpatient healthcare or home based care for:
.....children and young people with complex health needs; encompassing medical needs as the main criteria; and with or without a learning disabilities or physical disabilities.

The common criteria will be children and young people who are dependent on their parents or carer carrying out a clinical procedure which is essential, either as part of their routine of care, or within an emergency situation”.

This definition is promoted by the National Council for Disabled Children (Including Me 2005).

The target population may include children requiring a combination of the following.

The list is not comprehensive or exclusive, merely illustrative.

- On-going intervention to maintain breathing
- Complex Feeding Regime *i.e. severe reflux / vomiting, frequent feeds, risk of aspiration*
- Complex stoma and catheter care
- Frequent nursing interventions *e.g. frequent suctioning / nebuliser / other medication*
- Seizures regularly requiring environmental and/or acute medical intervention
- Unstable / degenerative condition

The service will provide for children whose assessment has identified the need for a short break