

You can make a difference

You can help Autism Anglia in many ways.

A **donation**, however large or small, could help us to:

- Provide books, toys and computers for the children at Doucecroft School.
- Provide educational and life experiences for the young adults at our Further Education Department.
- Buy materials and equipment for the adults at our Study Centres.
- Continue providing a FREE Family Support service to families affected by autism.
- Expand our adult residential capacity to care for more children once they leave school.
- Increase knowledge and understanding of autism.



Your **time** could help us to:

- Organise or take part in fundraising activities and collections to raise vital funds and awareness of Autism Anglia.
- Offer support or expertise to the service users in a voluntary capacity.

Please call us on 01206 577678 if you think you can help Autism Anglia in any way.



Autism Anglia

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Registered Charity No. 1063717

A Company limited by guarantee no. 3407778 registered in England & Wales

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Front cover picture 'Daisy' by Jim Fryer Photography.
www.jimfryer.com

Autism Anglia

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About us



www.autism-anglia.org.uk

What is autism?

Autism is a lifelong condition which affects the way a person communicates and relates to other people.

People with an Autism Spectrum Condition (ASC) have difficulty with everyday social interaction and can find it hard to make sense of the world around them.

Autism affects people in many different ways and the autistic spectrum ranges from low to high functioning autism and Asperger Syndrome. In diagnosis it is recognised that there are three areas where all people with autism have difficulties, irrespective of the degree of its effects, namely difficulties with **Social Interaction, Communication** (verbal and non-verbal) and **Imagination**. There are also issues around sensory differences and obsessional and ritualistic behaviours.

It is estimated that in the UK autism, in all its forms, affects nearly one in 100 people.

This means about 600,000 in the whole of the country and almost 28,000 in Essex, Suffolk and Norfolk.

About Autism Anglia

Autism Anglia was formed following the merger of The Essex Autistic Society, Norfolk Autistic Society and the Norfolk Autistic Community Housing Association (NACHA) in 2008.

The charity is dedicated to promoting the welfare, education and care of children and adults with autism, whilst also supporting the many families affected by autism.

We have over 40 years' experience in providing a range of services aimed at enabling people with autism to live as independently as possible and to experience choice and inclusion in society.

We are an independent charity and therefore rely on fundraising to help us establish, maintain and expand our services.

How we are helping

Although there is no effective cure for autism, it has been found that early intervention and individualised specialist support can really assist people with autism to achieve their full potential and lead a fulfilling life within the community.

Autism Anglia therefore offers a wide range of autism specific services.

Doucecroft School and Further Education Department: Provide day and weekly boarding places for children and young adults aged 3-19 years of age.

Adult Residential Care: Houses in Essex and Norfolk offer permanent accommodation to adults with an ASC, with one specifically providing for adults with Asperger Syndrome.

Study Centres: Our Adult Study Centres in Essex and Norfolk provide structured day activities including art, IT, PE and life skills.

Supported Living: We provide packages of care to adults living more independently in their own homes.

Clinical Psychology / Speech & Language / Occupational Therapy: Our own specialists work closely with staff to assess the needs of individuals within our establishments and Supported Living, and implement strategies for improved communication and well-being.

Family Support: Our Family Support team offers support and advice to families who face the difficulty of caring for an individual with autism, and work with professionals to increase understanding. An Autism Alert Card is available free of charge which identifies that the holder has an ASC. For more information, see our Family Support information leaflet.

Training / Information: Our knowledgeable staff can give presentations, provide training and supply information on all matters relating to the care and needs of people with autism.



How you can help

Your support will help us to continue providing specialist services to people with autism. If you would like to make a donation, receive further information or support us in any way, please complete the form below.

Name:

Address:

Postcode: Tel:

Email:

Please choose from the following options

1. I wish to make a donation of £

2. I wish to set up a monthly donation of

£5 £10 £15 Other £

Please contact me to make the necessary arrangements.

3. I wish to become a member of Autism Anglia and enclose a cheque for £25* (life) £5* (annual)

Members receive our regular newsletter and invitations to our AGMs along with voting rights.

* Use Gift Aid and you can make your donation and membership worth more. For every pound you give to us we can claim up to 25 pence extra from the Inland Revenue. To qualify for Gift Aid, you must pay an amount of UK Income Tax and/or Capital Gains Tax at least equal to the tax that we reclaim on your donations in the appropriate tax year.

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Just tick the box – it's that simple.

I would like this donation and any future donations I may make to Autism Anglia to be treated as a Gift Aid donation.

Dated: / /

4. Please send me further information on:

Helping to fundraise for Autism Anglia

Obtaining a FREE Autism Alert Card

Other

Cheques should be made payable to Autism Anglia. Please return this form with your donation to the Head Office address on the back of this leaflet.

By giving us your information, you agree to us sending you news and information concerning Autism Anglia from time to time. We do not pass personal information on to third party companies.